

Cell Extractions Lesson Plan

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Training Objectives

1. The officer will be able to effectively demonstrate the activation of the cell extraction team.
2. Know each members responsibility.
3. Effectively execute the three and five man extraction.

Equipment

1. Handcuffs, Leg Irons and Key
2. One riot Shield
3. Pepper Spray (If necessary)
4. Taser (If necessary)

Use of Force Guidelines

1. Attempt to gain compliance first by verbalization and show of presence.
2. If subject continues to be combative and disregard commands, give warning before spraying with OC or Tasing.
3. Wait for spray to take affect. Continue verbal commands.
4. If subject continues to disobey commands, enter cell and take subject into custody.

Three Man Team versus Five Man Team plus Importance of an organized extraction.

Each member is assigned a designated area.

1. Prevents incident from becoming a free-for-all. Without a plan, officers may work against each other causing injury to the subject and/or officer.
2. It is organized and looks professional.
3. Cell extraction techniques are similar to those already taught during defensive tactics.

Team Leader

1. Three man and five man team should always have a team leader.
2. Three man extraction teams, plus team leader should be used when dealing with a passive resister.
3. When dealing with an active resister, it is recommended that a five man team, plus team a leader be used. This is not to say that you may never use a three man extraction team on an active resister.
4. Use common sense when making a decision to use a three man team on an active resister. Take into account the size of the subject, drug and alcohol use, etc.

Three Man Team (Position Responsibilities).

Team Leader

1. Advises the other officers involved of their specific responsibilities and positions.
2. Is responsible for issuing commands and warning to the subject if they don't comply they will be sprayed or tased. When using a taser, the team leader will replace the shield man. No shield will be used.
3. Always have shield on site even if the plan is to tase.
4. Is responsible for making the decision to enter the room to physically gain control of the subject.

First Position (Shield Man)

1. Makes direct contact with the subject pinning subject against the wall, floor or bunk using the shield as protection.
2. Should apply pressure center mass on the subject while trying to avoid striking the subject in the face or head with the top of the shield. Be prepared to strike the subject with the shield again, if necessary.
3. After the 2nd and 3rd members are set in their position, the shield man moves the shield and gains control of the subject's legs. Apply leg irons if necessary.
4. When gaining control of the subject's legs, be cautious not to get kicked by the subject. This is especially important when dealing with an active resister.

Second Position (Responsible for Left side of body)

2nd member enters the cell slightly off-center to the left side of the shield man.

1. Upon the shield man making contact with the subject, the 2nd member will immediately gain control of subjects arm. This could be the subject's left or right arm depending on the position of the subject.
2. 2nd member will control the subjects arm and maintain it until the subject is secured in handcuffs.
3. Assist 3rd member with emergency handcuffing.

4. Positioning is based on the shield man and not the subject. You are responsible for the left side of the subject's arm regardless of which way the subject is facing.

Third Position (Responsible for Right side of body)

1. 3rd member enters the cell slightly off-center to the right side of the shield man.
2. Upon making contact with the subject, the 3rd member will immediately gain control of the subjects arm. This could be the subjects left or right arm depending on the position of the subject.
3. 3rd member will control the subjects arm and maintain it until the subject is secured in handcuffs.
4. The 3rd member will cuff with the assistance of the 2nd member during the emergency handcuffing. Make sure that you have cuffs available since it is your responsible to cuff the subject.
5. If necessary to cuff, safely lower the subject to the ground. If the subject is pulled to the ground, there is a substantial risk for head injury.
6. Once subject is handcuffed, bring them to their feet and escort them from the cell. While escorting the subject from the cell, 2nd member and 3rd member will hold the subject by the arms and bring the subject out backwards.
7. Positioning is based on the shield man and not the subject. You are responsible for the right side of the subject's arm regardless of which way the subject is facing.

Five Man Team (Position Responsibilities)

Team Leader

1. Same as Three Man
2. Advises the other officers involved of their specific responsibilities and positions.

3. Is responsible for issuing commands and warning to the subject if they don't comply they will be sprayed or tased. When using a taser, the team leader will replace the shield man. No shield will be used.
4. Always have shield on site even if the plan is to tase.
5. Is responsible for making the decision to enter the room to physically gain control of the subject.

First Position (Shield Man)

1. Same as Three Man Team except, the shield man will not be responsible for gaining control of the legs.
2. Makes direct contact with the subject pinning subject against the wall, floor or bunk using the shield as protection.
3. Should apply pressure center mass on the subject while trying to avoid striking the subject in the face or head with the top of the shield. Be prepared to strike subject with the shield again, if necessary.
4. After the 2nd and 3rd members are set in their position, the shield man moves the shield and assists the other team members.

Second Position (Responsible for Left side of body)

1. Same as Three Man Team.
2. 2nd member enters the cell slightly off-center to the left side of the shield man.
3. Upon the shield man making contact with the subject, the 2nd member will immediately gain control of subjects arm. This could be the subject's left or right arm depending on the position of the subject.
4. 2nd member will control the subjects arm and maintain it until the subject is secured in handcuffs.
5. Assist 3rd member with emergency handcuffing.
6. Positioning is based on the shield man and not the subject. You are responsible for the left side of the subject's arm regardless of which way the subject is facing.

Third Position (Responsible for Right side of body)

1. Same as Three Man Team.
2. 3rd member enters the cell slightly off-center to the right side of the shield man.
3. Upon making contact with the subject, the 3rd member will immediately gain control of the subjects arm. This could be the subjects left or right arm depending on the position of the subject.
4. 3rd member will control the subjects arm and maintain it until the subject is secured in handcuffs.
5. The 3rd member will cuff with the assistance of the 2nd member during the emergency handcuffing. Make sure that you have cuffs available since it is your responsible to cuff the subject.
6. If necessary to cuff, safely lower the subject to the ground. If the subject is pulled to the ground, there is a substantial risk for head injury.
7. Once subject is handcuffed, bring them to their feet and escort them from the cell. While escorting the subject from the cell, 2nd member and 3rd member will hold the subject by the arms and bring the subject out backwards.
8. Positioning is based on the shield man and not the subject. You are responsible for the right side of the subject's arm regardless of which way the subject is facing.

Fourth Position (Responsible for Left side of body) Leg

1. 4th member enters the cell slightly off-center to the left side of the shield man.
2. Upon making contact with the subject, the 4th member will immediately gain control of the subject's leg. This could be the subjects left or right leg depending on the position of the subject.
3. 4th member will control the subject's leg and maintain it until the subject is secured in leg irons.

Fifth Position (Responsible for the Right side of body) Leg

1. 5th member enters the cell slightly off-center to the right side of the shield man.
2. Upon making contact with the subject, the 5th member will immediately gain control of the subject's leg. This could be the subjects left or right leg depending on the position of the subject.
3. 5th member will control the subject's leg and maintain it until the subject is secured in leg irons.
4. Make sure you have leg irons available since it is your responsible to leg iron the inmate.

Conclusion

1. Communicate with each other.
2. Have a plan. Team should meet briefly and set up a pre-plan before executing.
3. Team leader is responsible for giving verbal commands.
4. Once subject is secured in handcuffs, continue to give verbal commands as to what you want the subject to do.
5. Once subject is compliant, remove them and take to the designated area.

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